

From: Benton Community <BCDistrictOffice@benton.k12.ia.us>
Subject: Resources for Parents

Dear Parents and Staff,

The attached documents may be helpful resources for you and your students.

Please see the attached documents:

[Ways Adults Can Manage Stress and Grief Reactions](#)

[Guiding Elementary Age Children Through Grief and Trauma](#)

Estimados padres y personal,

Los documentos adjuntos pueden ser recursos útiles para usted y sus estudiantes.

Consulte los documentos adjuntos:

[Maneras en que los adultos pueden manejar las reacciones al estrés y al duelo](#)

[Guiar a los niños de primaria a través del dolor y el trauma](#)

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